

**GLASGOW
SWING
EXCHANGE**

**2024
GSX**

**WELCOME
PACK**



WELCOME TO GLASGOW SWING EXCHANGE!

Welcome to the first Glasgow Swing Exchange!

Get ready for a weekend jam packed with dancing in a selection of Glasgow's finest venues with a collection of the city's bands who are guaranteed to keep you triple stepping all night long.

The following Welcome Pack contains all the information you will need for the weekend from venue and band details to points of contact. If we've missed anything, please get in touch:



www.glasgowswingexchange.co.uk



@glasgowswingexchange



Glasgow Swing Exchange

We cant wait to dance our way around Glasgow with you!
The GSX Team



MEET THE TEAM!

Glasgow Swing Exchange is the culmination of efforts from swing dance groups across Glasgow:



GLASGOW SWING DANCE

Glasgow's longest running swing dance group run Sunday afternoon workshops and socials at Glasgow University Union, covering Lindy Hop, Charleston, and Solo Jazz for improver level dancers and above.



Glasgow Swing Dance



@glasgowswingdance



GLASGOW JITTERBUGS

Glasgow Jitterbugs teach weekly Swing Dance classes for adults in the Glasgow area. They teach dance styles including; Lindy hop, Charleston, Collegiate Shag and vintage solo jazz.



Glasgow Jitterbugs



@glasgow_jitterbugs



GLASGOW LINDYHOPPERS

Glasgow Lindyhoppers run weekly, drop in classes, teaching Lindy hop, Charleston, Balboa, Solo Jazz and more. They dance throughout the year at classes, workshops, festivals, performances and events.



Glasgow Lindyhoppers



@glasgow_lindyhoppers



WELCOME PARTY

FRIDAY 28TH JUNE

VENUE: **GUU DEBATES CHAMBER**

32 University Ave, Glasgow G12 8LX

Find the Debates Chamber on the 2nd Floor.

Please wear your local swing dance community t-shirt if you have one. If not then perhaps a shirt from a favourite dance event you attended? Its a fun way to get to know where other dancers have come from and a great way to represent your own scene!

TIME **7.30PM - 12AM**

BAND: **COLIN STEELE'S KINGS OF SWING**

Trumpeter Colin Steele has pulled together a stellar line up of Scotland's top swing jazz musicians who will be focused on bringing you the swingingest dance tunes around from the 30's and 40's. The band has an enormous repertoire and will warmly welcome tune requests!



FAST FEET BRUNCH

SATURDAY 29TH JUNE

VENUE: ADELAIDE PLACE

209 Bath Street, G2 4HZ

With a gorgeous parquet floor, Adelaide Place is perfect for dancing. Expect awesome tunes, tea, coffee, homemade muffins and sandwiches! Just the kind of fuel you'll need to keep you going the full weekend.

TIME 10AM - 12PM

BAND: TRAD RAGS TRIO

Three of Scotland's best early jazz specialists come together in this outfit, taking the old ragtime rhythm-section sound with piano and double bass. Simon Toner on double bass, Mike Kearney on piano and vocals and Paddy Darley on trombone.



OUTDOOR PARTY

SATURDAY 29TH JUNE

VENUE: KELVINGROVE ART GALLERY (OUTSIDE)

Argyle St, Glasgow G3 8AG

Outdoor dancing at the beautiful Kelvingrove Art Gallery, in the West End of Glasgow. This event is **free and open to everyone**, so please bring along family and friends!

Please note that this event is **weather-dependent**, in case of bad weather please see our Facebook/Instagram for updates.

Outdoor dancing will be on paved stone, please wear appropriate footwear (i.e. don't wear your favourite sueded fancy dance shoes!)

TIME 2PM - 5PM (SOLO JAZZ 2PM - 2.45PM)

BAND: LOCAL DJ'S

Dancers from Glasgow's Swing scene will play a selection of their favourite tunes. Join us at 2pm, where we will teach a fun solo jazz routine!



SATURDAY NIGHT PARTY

SATURDAY 29TH JUNE

VENUE: GUV DINING HALL

32 University Ave, Glasgow G12 8LX

Located in the heart of the West End, Glasgow University Union is a historic venue with impressive architecture, original features, and a beautiful dancing floor. Find the Dining Hall on the 1st Floor.

TIME 8PM - 1AM

BAND: TENEMENT JAZZ BAND

A traditional jazz band formed in early 2018 in Edinburgh, Scotland. Brought together by their shared love of New Orleans music, and comprising musicians from various corners of Edinburgh's vibrant jazz scene, they are on a journey of exploration back to the roots of the music that they play.



SWING DANCE HISTORY

SUNDAY 30TH JUNE

VENUE: SLOANE'S VICTORIAN BALLROOM

108 Argyle St, Glasgow G2 8BG

The Grade A Listed building's original features have all been lovingly restored including the tiled entrance, mahogany staircase, woodwork, acid-etched glass and ceilings heavily decorated with plaster mouldings with gilt edging and detail.

TIME 1PM - 2PM

SPEAKER: SASHA REEVE

As co-chair of Glasgow Swing Dance, Sasha is a cornerstone of Glasgow's dancing community. Over her years dancing, she has developed a keen understanding and respect for Swing Dance's rich history and culture, which she is delighted to be able to share with you at GSX.



GSX

SUNDAY TEA DANCE

SUNDAY 30TH JUNE

VENUE: SLOANE'S VICTORIAN BALLROOM

108 Argyle St, Glasgow G2 8BG

The Grade A Listed building's original features have all been lovingly restored including the tiled entrance, mahogany staircase, woodwork, acid-etched glass and ceilings heavily decorated with plaster mouldings with gilt edging and detail.

TIME 2PM - 5PM

BAND: GARRY SIMPSON TRIO

We're thrilled to bring this dynamic trio to GSX! For the past year, they've been a mainstay at Glasgow band nights with their classic 40s swing jazz tunes.



SUNDAY TEA DANCE

SUNDAY 30TH JUNE

EXTRAS: ON SITE MASSAGE THERAPIST

We're excited to announce that there will be some on-site massage therapy available at GSX at the Sunday Tea Dance! Choose from fully clothed upper body massage, or feet & lower leg massage. It's £13* for every 20 minutes and you can pay by cash or card directly to the massage therapist. Appointments are available between 2-5pm and we anticipate they will book out so book your appointment today to secure a space and ease those muscles that have been working so hard over the weekend!

*there is an additional .50p charge for card transactions

CONTACT: RHONA - 07756 995 690



SUNDAY NIGHT PARTY

SUNDAY 30TH JUNE

VENUE: ST JUDES AFTER DARK

190 Bath St, Glasgow G2 4HG

You would think after a jam packed weekend of socials and dancing everyone would finish up early, but not for us! If you're made of the right stuff (and don't have to leave early for work the next morning!) we'll see you at our city centre venue for the final send off party.

TIME 8PM - 11PM

BAND: BABY FACE AND THE BELTIN' BOYS

A firm Glasgow favourite, Baby Face and the Beltin' Boys will have you swinging out all night long with tunes encompassing Authentic Swing, Country, Rhythm & Blues and lots more!



GSX SAFER SPACES POLICY

Swing dancing is a joyful pastime and we share a responsibility for keeping it that way and supporting our fellow dancers. Harassment or bullying won't be tolerated at any of our events or by anyone (whether you are an international teacher, a DJ or a first time dancer) you agree to treat all participants with care and respect and to abide by our Safe Space Policy. GSX has a zero tolerance policy for bullying of any sort - whether sexual, physical, verbal or emotional. Our Safe Space Policy is not just "for show".

We promise to enforce it and swiftly if the need arises.

At GSX we promise:

- To treat everyone attending our classes equally and with respect, regardless of gender, race, sexual orientation, age, body shape or disability.
- To eject anyone acting in an unacceptable manner.
- Not to hire teachers with a history of unacceptable behaviour.
- To listen to everybody's concerns and to act appropriately.
- To treat all messages seriously and in the strictest confidence.
- To respond to your suggestions.

In return, we would ask people attending our events to please:

- Consider the impact your behaviour (whether deliberate or accidental) can have on others. Be aware of your fellow dancers' comfort, and consider what you can do to keep things lovely.
- Speak up if someone makes you uncomfortable, for whatever reason. One testimony can help prevent others from suffering.
- Listen seriously if someone tells you something, and act appropriately. If you don't know what to do, ask someone else.
- Pay attention. If you see or hear something that doesn't seem quite right, talk to someone.
- Don't let someone's aura of 'status' or 'seniority' affect your decision-making. If anyone attending does something inappropriate, speak up.
- Consider your choice of words and who you are talking to when asking for a dance. Certain terms like "Swing" and "Shag" lends itself to innuendo which may not be funny to everyone.



GSX SAFER SPACES POLICY

CONTINUED

On refusing a dance:

- In general, refusing a dance without good reason can be hurtful, so be generous with your dances, especially with beginners. However, if someone makes you uncomfortable, you don't have to dance with them, and you don't have to give a reason why. A simple 'No thank you' should suffice.
- If you're in class and you don't want to dance with someone in rotation, this is a sign that the issue should be confronted ASAP. Step out of rotation, and let us know your feelings in a break.
- If someone says 'no' to you, respect that decision and consider what you can do to make them feel more at ease. For example, some people prefer not to dance up close and personal – this is an acceptable choice, so find a distance which is comfortable for both of you, or stop dancing.

This has been adapted and used (with permission) from Shag Pile London.

GSX SAFER SPACES AMBASSADORS

Meet our Safe Spaces team: Carla & Marija!

These two are your port of call if you need any help negotiating any issues over the weekend that may come up. This could be from encountering any problems to feeling overwhelmed and just needing an ear to talk it through. They will be at every party so please don't hesitate to approach them if you need any help.

CARLA BALDWIN



MARIJA TAKA



GSX HEALTH & SAFETY

While we set out to offer a safe dancefloor and encourage dancers to take reasonable steps to reduce risks to the health and safety of themselves and others, we recognise that illnesses and accidents happen.

If you are at any GSX event and begin to feel unwell or suffer an injury, big or small, we kindly ask you to stop dancing, find a seat or quiet space, and give yourself a few minutes to assess whether it is safe and/or sensible for you to continue.

If you decide you need to leave the event, please take steps to ensure you can do so safely. If you need to call a taxi, find some Glasgow based taxi services below:

Glasgow Taxis: 0141 429 7070

GlasGO Cabs: 0141 332 5050

GSX FIRST AIDER

Meet our First Aider: Sasha

Doctor and dancer, Sasha will be at every GSX event should you find yourself in need of minor medical assistance.

If you, or another person, are seriously ill or injured and/or your life is at risk, call an ambulance immediately: 999

SASHA REEVE



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THERE!**